

THE FIRST SUNDAY OF LENT

Welcome to Church

WE
ARE
IN

LENT

It's Lent now and things might look and sound a bit different. Can you spot the 6 differences in the pictures?



ORDINARY TIME



LENT

THE BEGINNING OF MASS: THE INTRODUCTORY RITES & PENITENTIAL RITE

DURING LENT WE ASK GOD TO HELP US WITH THE THINGS WE STRUGGLE WITH. WHAT DO YOU NEED HELP WITH?
tick the boxes

LISTEN & SAY

In the name of the Father & of the Son, & of the Holy Spirit

AMEN

The Lord be with you.

AND WITH YOUR SPIRIT

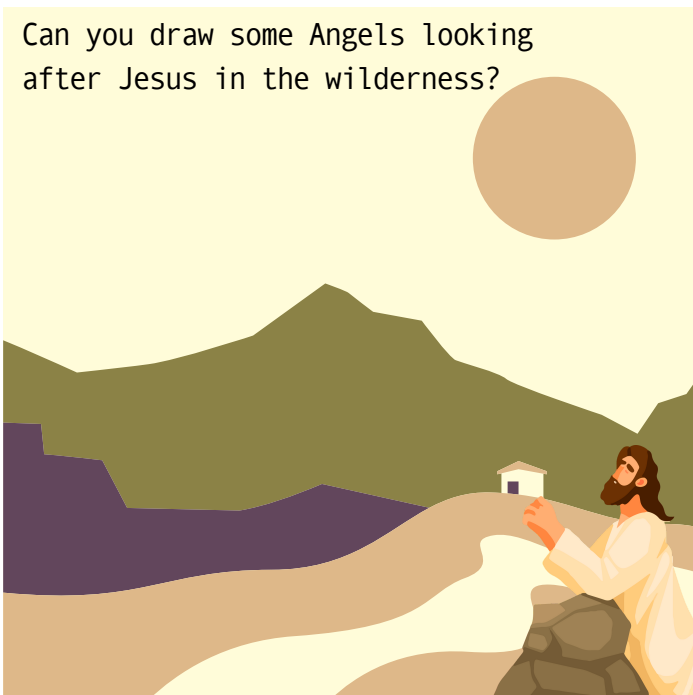


- | | |
|---|---|
| <input type="checkbox"/> Hard working | <input type="checkbox"/> Forgiving |
| <input type="checkbox"/> Being Peaceful | <input type="checkbox"/> Loving |
| <input type="checkbox"/> Trusting God | <input type="checkbox"/> Generous |
| <input type="checkbox"/> Prayer | <input type="checkbox"/> Clean + tidy |
| <input type="checkbox"/> Brave | <input type="checkbox"/> Listening to God |

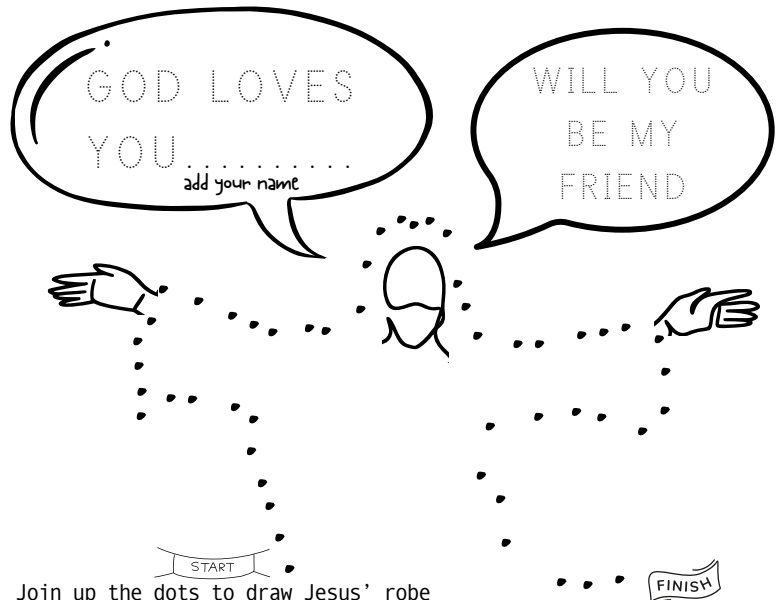
THE MIDDLE OF MASS: THE LITURGY OF THE WORD

IN THE GOSPEL THIS WEEK WE HEAR ABOUT HOW JESUS WENT INTO THE WILDERNESS FOR 40 DAYS AND NIGHTS AND HOW HE HAD A REALLY HARD TIME. BUT THE ANGELS LOOKED AFTER HIM. THEN HE STARTED TELLING PEOPLE ALL ABOUT GOD'S LOVE.

Can you draw some Angels looking after Jesus in the wilderness?



trace the words to see what Jesus said:



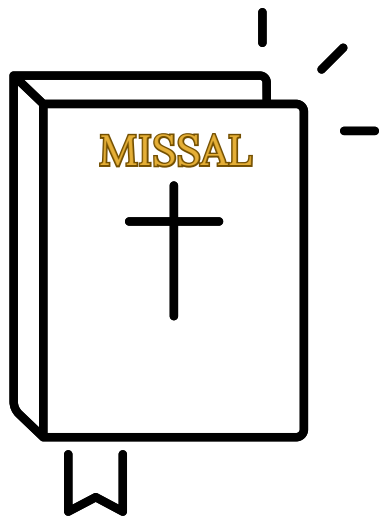
Join up the dots to draw Jesus' robe

THE ITEMS IN MASS: MISSAL

Each week we will learn about a different item that we use during Mass.

ALL ABOUT...

The **priest** and all of the **people** at Church use a Missal to tell us **what to do and say during Mass**. It shows us the **readings** and the **prayers** so we know what is happening. The pages are very **thin** and we use **ribbons** to keep our place...



Can you **circle** the answers to the questions about the missal?

Do you or your family have a missal?

YES	NO
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The Missal tells us what to say?

YES	NO
-----	----

The Missal shows us the prayers?

YES	NO
-----	----

The Missal tells us what to do?

YES	NO
-----	----

The Missal shows us the Readings?

YES	NO
-----	----

We use ribbons to keep our place?

YES	NO
-----	----

PRAYER AFTER COMMUNION

JUST LIKE JESUS HAD ANGELS LOOKING AFTER HIM, YOU HAVE A GUARDIAN ANGEL LOOKING AFTER YOU TOO. YOU CAN ASK THEM TO HELP YOU - FILL IN THE BLANKS OF THIS BEAUTIFUL PRAYER

USE THESE WORDS:

AFTER
GOD
AMEN
DAY
ME

Angel of G _ _

Every D _ _

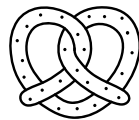
Be with M _

To look A _ _ _ R me

A _ _ _

Special day of the week The Chair of St Peter
the Apostle 22nd February

CHURCH AT HOME: THE DOMESTIC CHURCH



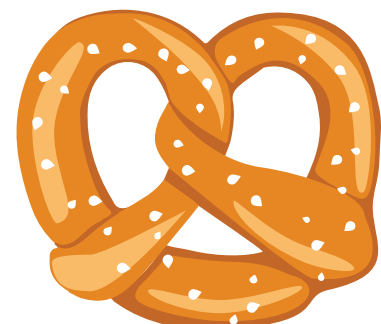
What to do:

1. In a large mixing bowl, add yeast, brown sugar and salt with the warm water. Stir until all mixed up
2. Add both types of flour and mix then knead until smooth and stretchy
3. Place dough in a large greased bowl, cover and leave to rise for one hour
4. Combine the 2 cups of warm water with the bicarb in a large tray. Shape the pretzels and dip them into the mix
5. Place the shaped, dipped pretzels onto a greased baking tray and cook for 8-10 mins at 200
6. Top with white icing (icing sugar and water) or sprinkle some salt on top.

enjoy

Pretzels for Lent: A simple Lenten snack

A pretzel to remind us of arms crossed in prayer is a Lenten treat for us to share



For the dough:

- 7g sachet of yeast
- 2 tbsp brown sugar
- tsp salt
- 1.5 cups warm water
- 3 cups plain flour
- 1 cup white bread flour

Pre-baking Dip:

- 2 tbs bicarbonate of soda
- 2 cups warm water

Topplings:

- Salt / Icing sugar

